

# How to make a Catnip Dumpling



## Steps:

1. Grab some cotton stuffing to be wrapped with the rectangle cloth (*Picture A*).
2. Put the cloth in your hand and place the cotton in the center (*Picture B*).
3. If you have catnip and not the spray, you can put a pinch of catnip on the cotton stuffing (*between Pictures B-D*).
4. Use your finger to push the cotton through and wrap the fabric around and use your fingers to pinch around the cotton (*Picture C and D*).
5. Take the string made from fabric and double knot it around the top part (*Picture E*).
6. The finished product should look like *Picture F*.
7. Make a bunch and spray the toys with catnip spray. Be sure to stick around when you give it to a cat and enjoy watching your cat play!

## Supplies Needed:

- Cloth cut into squares or rectangles
- Cloth cut into long, skinny pieces for string
- Cotton stuffing
- Catnip spray/Catnip



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